

Celebrate
NATIONAL FAMILY DAY!!
Monday, September 24th ... and Everyday

- ✓ **Increase Academic Performance**
- ✓ **Improve Nutrition and Energy**
- ✓ **Decrease Risk of Substance Abuse**

Here's how:

*Family Dinner Nights**



👉 **Find out why eating together is so important,**
and register to win a *free family dinner* for four at
Francesca's Intimo, Holly's American Bistro,
or *Sushi Kushi Toyo*

👉 **Visit www.leadweb.org.**

Contest ends 10/1/07.

** Recommended frequency of meals, 5+ nights per week for maximum results.
Warning: May be habit forming!*